

☀ Habits of Mind

The most effective learners have developed powerful habits of mind that enable them to think critically, think creatively and regulate their behavior. These mental habits are:

☀ *Critical Thinking:*

- ☀ Be accurate and seek accuracy
- ☀ Be clear and seek clarity
- ☀ Maintain an open mind
- ☀ Restrain impulsivity
- ☀ Take a position when a situation warrants it
- ☀ Respond appropriately to others' feelings and level of knowledge

☀ *Creative Thinking:*

- ☀ Persevere
- ☀ Push the limits of your knowledge and abilities
- ☀ Generate, trust, and maintain your own standards of evaluation
- ☀ Generate new ways of viewing a situation that are outside the boundaries of standard conventions.

☀ *Self-regulated thinking:*

- ☀ Monitor your own thinking
- ☀ Plan appropriately
- ☀ Identify and use necessary resources
- ☀ Respond appropriately to feedback
- ☀ Evaluate the effectiveness of your actions

Marzano, Robert J., Pickering, Debra J., et al. (1997). *Dimensions of Learning Teacher's Manual*, 2nd ed. Aurora, Colorado: McREL, pp. 1-2, 4-6.